



Cto CyL Absoluto Trofeo Ciudad de Valladolid
Valladolid, 30 - 31/3/2019

Prueba 9
30/03/2019 - 11:04

Masc., 400m Libre

ABSOLUTA
Resultados

RCL 3:56.59 ALONSO TELLEZ, Jose Antonio 01251 PALMA DE MALLORCA 06/04/2008

Puntos: FINA 2019

Clasificación			AN			Tiempo	FINA	PTOS
1.	PEREZ BOCOS, Asier		02	C.N. Parquesol		4:29.55	544	12,00
	50m: 30.66	30.66	150m: 1:38.37	33.97	250m: 2:48.08	34.71	350m: 3:57.29	34.24
	100m: 1:04.40	33.74	200m: 2:13.37	35.00	300m: 3:23.05	34.97	400m: 4:29.55	32.26
2.	GARRIDO REBOLLO, David		01	C.N. Riavall		4:39.65	487	11,00
	50m: 32.13	32.13	150m: 1:42.83	35.70	250m: 2:53.88	35.64	350m: 4:05.01	35.90
	100m: 1:07.13	35.00	200m: 2:18.24	35.41	300m: 3:29.11	35.23	400m: 4:39.65	34.64
3.	SANCHEZ SANCHEZ, Jesus		02	C.Acuatico Salamanca		4:44.49	462	10,00
	50m: 30.68	30.68	150m: 1:41.33	36.08	250m: 2:55.60	37.17	350m: 4:09.47	36.84
	100m: 1:05.25	34.57	200m: 2:18.43	37.10	300m: 3:32.63	37.03	400m: 4:44.49	35.02
4.	GARROTE ESCALANTE, Fernando		00	C.N. Morelia		4:50.69	433	9,00
	50m: 31.92	31.92	150m: 1:43.31	36.33	250m: 2:57.94	37.18	350m: 4:13.90	37.93
	100m: 1:06.98	35.06	200m: 2:20.76	37.45	300m: 3:35.97	38.03	400m: 4:50.69	36.79
5.	AGUADO VESPERINAS, Raul		98	C.D. Torrelago Wellness		4:51.33	431	8,00
	50m: 31.81	31.81	150m: 1:45.05	36.28	250m: 2:58.75	36.67	350m: 4:14.62	38.00
	100m: 1:08.77	36.96	200m: 2:22.08	37.03	300m: 3:36.62	37.87	400m: 4:51.33	36.71
6.	GARCIA CABEZAS, Alvaro		02	Cd Acuatico Leon		4:51.71	429	7,00
	50m: 31.88	31.88	150m: 1:45.70	38.09	250m: 3:00.73	37.57	350m: 4:15.47	37.00
	100m: 1:07.61	35.73	200m: 2:23.16	37.46	300m: 3:38.47	37.74	400m: 4:51.71	36.24
7.	GARCIA GUTIERREZ, Israel		88	C.N. Campo		4:55.49	413	6,00
	50m: 32.97	32.97	150m: 1:48.55	38.18	250m: 3:04.27	38.03	350m: 4:20.04	37.64
	100m: 1:10.37	37.40	200m: 2:26.24	37.69	300m: 3:42.40	38.13	400m: 4:55.49	35.45
8.	ALDEA DIEZ, Marco		01	C.N. Morelia		4:56.27	409	5,00
	50m: 33.59	33.59	150m: 1:46.39	36.98	250m: 3:02.94	38.16	350m: 4:19.40	38.57
	100m: 1:09.41	35.82	200m: 2:24.78	38.39	300m: 3:40.83	37.89	400m: 4:56.27	36.87
9.	MOCHE PRIETO, Ivan		04	C.D. Torrelago Wellness		4:59.08	398	4,00
	50m: 33.87	33.87	150m: 1:50.47	38.37	250m: 3:06.79	38.13	350m: 4:22.75	37.40
	100m: 1:12.10	38.23	200m: 2:28.66	38.19	300m: 3:45.35	38.56	400m: 4:59.08	36.33
10.	CASADO MARTIN, Alvaro		02	C.D. Torrelago Wellness		4:59.44	396	3,00
	50m: 31.67	31.67	150m: 1:45.25	36.83	250m: 3:00.61	37.69	350m: 4:19.94	40.01
	100m: 1:08.42	36.75	200m: 2:22.92	37.67	300m: 3:39.93	39.32	400m: 4:59.44	39.50
11.	BARRERO CASQUERO, Agustín		04	Club Benavente Natacion		5:00.19	393	2,00
	50m: 33.76	33.76	150m: 1:50.22	38.92	250m: 3:08.52	39.09	350m: 4:24.77	37.99
	100m: 1:11.30	37.54	200m: 2:29.43	39.21	300m: 3:46.78	38.26	400m: 5:00.19	35.42
12.	FERNANDEZ HERRERO, Jesus Angel		04	C.D.N. Zamora		5:01.70	388	1,00
	50m: 33.36	33.36	150m: 1:50.07	39.44	250m: 3:06.92	38.15	350m: 4:25.05	39.11
	100m: 1:10.63	37.27	200m: 2:28.77	38.70	300m: 3:45.94	39.02	400m: 5:01.70	36.65
13.	BREZO VAQUERO, Victor		02	Club Triton - Triatlon Tordesillas		5:02.24	386	-
	50m: 33.42	33.42	150m: 1:50.57	39.13	250m: 3:08.79	38.88	350m: 4:26.47	38.28
	100m: 1:11.44	38.02	200m: 2:29.91	39.34	300m: 3:48.19	39.40	400m: 5:02.24	35.77
14.	UBIERNA FERNANDEZ, Manuel		02	C.N. Parquesol		5:02.66	384	-
	50m: 31.84	31.84	150m: 1:46.29	38.35	250m: 3:05.07	40.03	350m: 4:24.62	39.36
	100m: 1:07.94	36.10	200m: 2:25.04	38.75	300m: 3:45.26	40.19	400m: 5:02.66	38.04
15.	BLANCO FERNANDEZ, Ruben		02	C.D.N. Zamora		5:12.31	349	-
	50m: 35.32	35.32	150m: 1:54.83	40.03	250m: 3:16.66	40.59	350m: 4:34.65	37.00
	100m: 1:14.80	39.48	200m: 2:36.07	41.24	300m: 3:57.65	40.99	400m: 5:12.31	37.66
16.	HUETE CASADO, Rodrigo		04	C.Acuatico Salamanca		5:19.17	327	-
	50m: 35.08	35.08	150m: 1:54.13	40.00	250m: 3:16.63	41.40	350m: 4:39.04	40.89
	100m: 1:14.13	39.05	200m: 2:35.23	41.10	300m: 3:58.15	41.52	400m: 5:19.17	40.13
17.	ALVAREZ FRANCO, Lucas		03	C.D.N. Zamora		5:20.59	323	-
	50m: 35.77	35.77	150m: 1:56.20	40.81	250m: 3:18.22	40.69	350m: 4:40.30	40.79
	100m: 1:15.39	39.62	200m: 2:37.53	41.33	300m: 3:59.51	41.29	400m: 5:20.59	40.29
18.	SOLORIO ROMO, Juan Pablo		03	C.N. Soriano		5:20.97	322	-
	50m: 32.56	32.56	150m: 1:51.44	40.39	250m: 3:16.77	43.46	350m: 4:41.13	42.52
	100m: 1:11.05	38.49	200m: 2:33.31	41.87	300m: 3:58.61	41.84	400m: 5:20.97	39.84
19.	IASCI MANZANO, Ricardo		03	C.Acuatico Salamanca		5:34.06	285	-
	50m: 33.42	33.42	150m: 1:53.01	40.64	250m: 3:21.17	44.71	350m: 4:51.45	44.98
	100m: 1:12.37	38.95	200m: 2:36.46	43.45	300m: 4:06.47	45.30	400m: 5:34.06	42.61
20.	ROMERO MARTÍN, Jorge		02	C.N. Imd - Ciudad De Segovia		5:36.02	280	-
	50m: 35.14	35.14	150m: 1:58.99	43.59	250m: 3:29.23	45.98	350m: 4:56.78	41.56
	100m: 1:15.40	40.26	200m: 2:43.25	44.26	300m: 4:15.22	45.99	400m: 5:36.02	39.24
21.	MORAN GARCIA, Diego		04	Cd Acuatico Leon		5:42.31	265	-
	50m: 37.46	37.46	150m: 2:02.91	43.78	250m: 3:33.01	45.99	350m: 5:00.67	44.56
	100m: 1:19.13	41.67	200m: 2:47.02	44.11	300m: 4:16.11	43.10	400m: 5:42.31	41.64



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Valladolid, 30 - 31/3/2019

Prueba 9, Masc., 400m Libre, ABSOLUTA

Clasificación			AN							Tiempo	FINA	PTOS
22.	CASTRO RODRIGUEZ, Teo		04	N. Casa De Asturias						6:14.20	203	-
	50m:	36.96	150m:	2:10.94	48.49	250m:	3:48.28	48.15	350m:	5:26.52	48.63	
	100m:	1:22.45	200m:	3:00.13	49.19	300m:	4:37.89	49.61	400m:	6:14.20	47.68	
Baja enf.	TERAN MOLINA, Victor		01	C.N. Parquesol								-